

# Stone House Leisure Centre

# Opening Hours

Times may vary on Bank Holidays and Public Holidays

**Monday - Friday**

**07:00-21:00**

**Last Entry 20:30**

**Saturday-Sunday**

**08:00 -21:00**

**Last Entry 20:30**

T: 01785 815531

Email: [leisure@lehost-stonehouse.com](mailto:leisure@lehost-stonehouse.com)

W: [lehost-stonehouse.com/leisure-centre](http://lehost-stonehouse.com/leisure-centre)



# Price List

## 2026

### Stone House Leisure Centre

Enjoy a Day of Wellness with us!

Take time to relax and recharge with full access to:

Sauna

Indoor Heated Swimming Pool

Jacuzzi

Gym Facilities

No booking needed

No membership required

Love your experience?

Chat with our team about our flexible membership packages



Grab your Day Pass Stamp Card and earn a FREE session after 10 visits!

Perfect for flexible schedules and committed movers.

## Day Pass

Non Guest Fee £9.50

Guest Fee £8.50

Under 16's £7.00

Under 3's £1.50

**Parent & Toddler 11 am - 1 pm - £10**

**Every Monday & Wednesday**

# MEMBERSHIPS

*All Memberships include 15% off food & drink and accommodation at  
The Stone House Hotel.  
T&C'S Apply.*

**Breakfast 7 - 11 am /weekends 8 - 12 pm  
£40**

**Full Time All Day & 7 Days  
£49**

**Breakfast Joint (2 people)  
£70**

**Full Time Joint (2 people)  
£89**

**Family 1 Adult , 1 child  
£65**

**Family 2 Adults,2 children  
£99**

*We offer 10% Blu light discount on ALL Memberships*



# KuotosSwim



## Exclusive 1-1 Swimming Lessons

- Children
- Adults
- Improvers
- Adult Beginners
- Aquaphobic
  
- Private lane in the Hotel Pool

 07942 357612

  Search kuotosswim



Enhance your swimming journey by seeing what we offer at the local outdoor swimming venue Whitmore Lakes.

[www.kuotosswim.com](http://www.kuotosswim.com)

# GIFT VOUCHERS

Looking for the perfect gift?

We Have Available:

## LEISURE CENTRE DAY PASS GIFT VOUCHER

Surprise someone with the gift of wellbeing.

Our Leisure Centre Gift Vouchers provide full access to facilities, offering the perfect opportunity to relax, revive, and rejuvenate.



## LEISURE CENTRE DAY PASS GIFT VOUCHER & AFTERNOON TEA

Our Leisure Day Pass & Afternoon Tea for Two voucher offers unbeatable value:

- ✓ Full access to leisure facilities
- ✓ A delicious afternoon tea experience
- ✓ A memorable day out for couples, friends, or family

Speak to a member of our team to book a Gift Voucher!

Stone House Hotel

Le **HOST** Hotels  
THE STONE HOUSE  
experience the difference

*Gift Voucher*

**AFTERNOON TEA & LEISURE PASS FOR 2**

Terms and Conditions

- Voucher exchange is direct and non-transferable.
- Please provide your reference number when booking.

Booking Reference: SH

Valid Until 1st MARCH 2026

# REFRESHMENT OFFERINGS

Food, comfort and company plays a central role in your experience at The Stone House Hotel. With two outstanding restaurants to choose from, guests can enjoy a variety of flavours to suit every taste.

Indulge in authentic Indian cuisine at the award-winning Saffron Indian Restaurant, renowned for its vibrant dishes and exceptional service. Prefer something more classic? The Garden A La Carte Restaurant offers a traditional menu paired with charming views of our beautifully landscaped gardens.

For a more relaxed atmosphere, our bar and lounge provide the ideal setting to unwind with a Starbucks, a cold drink or an alcoholic drink , or even enjoy a light bite at your leisure.

Guests also love our signature dining experiences, including:

**Traditional Afternoon Tea**

**Hearty Sunday Lunch**

**Delicious Breakfasts served daily**

Whether you're visiting for a meal or staying with us, every dining experience at Stone House Hotel is crafted to delight.



# TERMS & CONDITIONS

The agreed membership fee shall be paid on a monthly basis via a reoccurring card payment by credit or debit. The member should notify the hotel via email should any information regarding payment change.

The membership plan shall be valid from the agreed start date until the leisure centre is informed of a request to cancel.

Cancellations are to be sent in writing to [leisure@lehost-stonehouse.com](mailto:leisure@lehost-stonehouse.com).

Memberships shall be cancelled 28 days after receiving written confirmation.

Any changes to the membership plan should be sent via email to [leisure@lehost-stonehouse.com](mailto:leisure@lehost-stonehouse.com).

These changes may take a period of 28 days to come into action.

The leisure centre has the authority to make changes to membership terms, conditions and prices throughout the membership period, notifying the members of each. Should a member wish to reject these changes, written confirmation should be sent to [leisure@lehost-stonehouse.com](mailto:leisure@lehost-stonehouse.com)

A pre-exercise shall be completed prior to use of the leisure centre.

The leisure centre should be notified should any health conditions arise. If an issue arises during use of the leisure facilities, the member shall notify the staff member on duty.

Upon cancelling your membership, you must return your membership card/s

Members shall respect other users, including hotel residents, and listen to the instructions of the leisure centre staff member on duty, as well as hotel management.

**Please sign to confirm you agree to the above:**

**Members Name .....**

**Members Signature .....**

**Date .....**

# Application Form

## MEMBER 1

TITLE: .....  
FIRST NAME: .....  
SURNAME: .....  
DATE OF BIRTH: .....  
ADDRESS: .....  
.....  
POSTCODE: .....  
TEL: .....  
EMAIL:.....

## MEMBER 3

TITLE: .....  
FIRST NAME: .....  
SURNAME: .....  
DATE OF BIRTH: .....  
ADDRESS: .....  
.....  
POSTCODE: .....  
TEL: .....  
EMAIL:.....

## MEMBER 2

TITLE: .....  
FIRST NAME: .....  
SURNAME: .....  
DATE OF BIRTH: .....  
ADDRESS: .....  
.....  
POSTCODE: .....  
TEL: .....  
EMAIL:.....

## MEMBER 4

TITLE: .....  
FIRST NAME: .....  
SURNAME: .....  
DATE OF BIRTH: .....  
ADDRESS: .....  
.....  
POSTCODE: .....  
TEL: .....  
EMAIL:.....

PLEASE SIGN BELOW:

I HAVE READ AND AGREE TO THE FOLLOWING TERMS AND CONDITIONS.

I CONFIRM THAT THE INFORMATION PROVIDED ABOVE IS CORRECT, AND THAT I SHALL NOTIFY THE LEISURE CENTRE SHOULD THIS INFORMATION CHANGE. .

SIGNED: .....  
DATE: .....

## OFFICE USE ONLY

MEMBERSHIP NUMBER: .....  
MONTHLY AMOUNT: .....  
MEMBERSHIP START DATE: .....

# GENERAL HEALTH EXERCISE PRE-SCREENING QUESTIONNAIRE

This is to be completed in preparation for physical activity.

It is important that you disclose ALL of you existing medical conditions so that we/I may determine whether to seek further medical advice before commencing an exercise program. This questionnaire does not provide medical advice in any form and does not substitute advice from appropriately qualified professionals.

Have you ever been told that you have a heart condition? **Yes No**

Have you ever had a stroke? **Yes No**

Do you ever have unexplained pains in your chest at rest or during physical exercise? **Yes No**

Do you consistently feel faint or suffer from spells of dizziness? **Yes No**

Do you suffer from asthma and require medication? **Yes No**

Do you suffer from type I or II diabetes? **Yes No**

Do you suffer from any major muscle or joint conditions that may limit you or be aggravated by physical activity? **Yes No**

Do you suffer from any medical conditions that may be made worse by participating in physical activity? **Yes No**

Do you suffer from high blood pressure over 140/90 or low blood pressure below 100/80? **Yes No**

Do you have a family history of heart disease? (stroke, heart attack) **Yes No**

Have you been told that you have high cholesterol? **Yes No**

Have you been told that you have high blood sugar? **Yes No**

**Other Information** .....

## Disclaimer:

If you have answered no to all of the above questions and you are confident that you have no other concerns with your health then you may proceed to participate in physical activity.

If you have answered yes to any of the questions above or are unsure, please seek a referral from your GP or allied health professional before commencing physical activity.

I believe to the best of my knowledge that all of the information I have provided on this tool is accurate.

In the case that my medical condition changes over the course of my training I will inform my trainer and fill out a new exercise pre- screening questionnaire.

Le  
**HOST**  
— Hotels —



THE STONE HOUSE

*Experience the difference*

T: 01785 815531

E: [sales@lehost-stonehouse.com](mailto:sales@lehost-stonehouse.com)

W: [bespokehotels.com/stonehousehotel](https://bespokehotels.com/stonehousehotel)