

HARTA

RESTAURANT



SLIGACHAN
HEBRIDEAN HOTELS

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Sligachan Hotel, Sligachan, Isle of Skye, IV47 8SW

Breakfast Menu

Nestled at the foot of the majestic Red and Black Cuillins, Sligachan has long been a gateway to Skye's wilderness and an enduring symbol of adventure. The original inn, located at the head of Loch Sligachan, was bypassed with the completion of a road, leading to the construction of the Sligachan Hotel in the 1830s - the very spot where you sit today.

By the late 19th century, Sligachan had become a beacon for climbers, earning its reputation as the rock-climbing centre of the British Isles. Its walls have echoed with tales of legendary mountaineers and adventurers, including members of the historic Everest expeditions. One enduring legend is that of Harkabir Thapa, who in 1899 ran barefoot from the Sligachan Hotel to the summit of Glamaig and back in an astonishing 55 minutes, a record that stood for generations until it was finally broken in 2018 by Finlay Wild, who completed the route in an incredible 44 minutes and 22 seconds.

The Sligachan Hotel remains steeped in history, offering a window into a bygone era of exploration. It also owes much to its pristine water source - the rivers flowing from the Cuillin range, fed by Skye's abundant rainfall. This pure, peaty water not only nourishes the land but also forms the heart of the locally brewed ales and fine whiskies served here. According to folklore, the waters near Sligachan hold a magical quality: it's said that if you dip your face into the nearby Allt Dearg for seven seconds, you'll be granted eternal beauty.

From climbers to storytellers, Sligachan has welcomed all who seek the extraordinary - and continues to do so today. So, as you enjoy your breakfast this morning, surrounded by the timeless beauty of Skye, remember - anything is possible.

ALLERGEN and DIETARY REQUIREMENTS

We advise you to speak to a member of the staff if you have any food allergies. Full allergen information is available on request

V vegetarian **GF** gluten free **PB** plant based available on request

Included in your breakfast...

Self-Service Continental Buffet

Freshly Baked Pastries
Selection of Cereals • Fruit Juices
Fruit Salad • Dried Fruit • Assorted Nuts
Natural & Fruit Yoghurt • Toast
Assorted Tea • Assorted Hot Drinks

À La Carte – Freshly Cooked Breakfast

Scots Porridge Oats
add fresh berries or golden syrup

Full Scottish
bacon, sausage, haggis, black pudding, fried egg, beans, mushrooms, tomato, potato scone

Veggie Breakfast **V** **PB**
with sausage, haggis, fried egg, beans, mushrooms, tomato, potato scone

Ham & Cheese Croissant
add scrambled eggs

Guacamole on Toast **V** **GF**
add fried egg or poached egg

Smoked Salmon & Scrambled Eggs on Toast **GF**

Spinach & Mushroom on Toast **V** **GF**
with cream cheese

French Toast with Bacon and Syrup

Pancakes **V**
mixed fruits, fresh Chantilly cream

Eggs Benedict
toasted muffin, crispy bacon or prosciutto, poached egg, hollandaise

Eggs Royal
toasted muffin, smoked salmon, poached egg, hollandaise

Eggs Florentine **V**
toasted muffin, spinach, poached egg, hollandaise