



Lamphey Court Hotel & Spa Spa Days

Bespoke Spa Day from £40.00pp (£50.00pp Saturday/Sunday)

Includes a 2-hour use of our spa and leisure facilities including our jacuzzi, sauna, steam room & swimming pool. Use of Robe, Towel and Slippers on arrival. Two Course Lunch within the Hotel's Restaurant. *25% off any pre booked spa treatments should you wish to indulge in a pamper here with us.

Tea Time Me Time from £70.00pp (£80.00pp Saturday/Sunday)

Includes 2-hour use of our spa and Leisure Facilities including our jacuzzi, sauna, steam room & swimming pool. Use of Robe, Towel and Slippers on arrival. One 25 Minute Treatment to choose from either a Back, Neck and Shoulder Massage or Elemis Superfood Pro Radiance Facial. Afternoon Tea served with a delicious selection of handmade sandwiches, cream tea and sweet treats.

Revive Spa Day from £90.00pp (£110.00pp Saturday/Sunday)

Includes 2-hour use of our spa and Leisure Facilities including our jacuzzi, sauna, steam room & swimming pool. Use of robe, towel and slippers on arrival. One 50 Minute Treatment to choose from either a Swedish Full Body Massage or an Elemis Superfood Pro Radiance Facial. Including a scrumptious Two Course Lunch within the Hotel's Restaurant.

Retreat Spa Day from £115.00pp (£125.00pp Saturday/Sunday)

Includes 2-hour use of our spa and Leisure Facilities including our jacuzzi, sauna, steam room & swimming pool. Use of Robe, Towel and Slippers and prosecco with your afternoon tea or lunch. Two x 25 Minute Treatment to choose from either a Mini Manicure, Foot Scrub and Massage, Elemis Superfood Pro Radiance Facial or a Hot Stone Back Neck and Shoulder Massage. Also, the choice of Afternoon Tea served with a delicious selection of handmade sandwiches, cream tea and sweet treats OR a two-course lunch in the hotel's restaurant, plus an Elemis minis selection to take home with you.